

BREASTFEEDING POLICY

We aim to make our mothers feel comfortable in our nursery should they wish to breastfeed their babies whilst here.

Partnership with parents:

We display the breastfeeding welcome sign within the nursery.

Staff will provide the mother with a comfortable seat this could be anywhere within the nursery or somewhere private if necessary.

We will provide hand washing facilities and access to refreshments.

Expressed milk can be stored either in our fridge or may be brought in frozen, where we follow guidance.

The babies feeding routine will be discussed with mother and key worker to make arrangements for the mother to come in to breastfeed/express. This maybe verbal or written in daily diary.

The baby will be given cooled boiled water between feeds.

Keyworker:

Share important information.

Record information to include time of feeds, amount of milk, and who it has been given by, this can be verbally or written.

The keyworker will have clear communication with parents regarding labelling i.e. date and time when milk was expressed.

The nursery will use our colour coding system to ensure identification.

Preparation:

Good hygiene is paramount before and after preparation of feed.

If frozen to be defrosted by swirling in a bowl of warm water (not microwave or hot water).

Milk to be given following parents wishes i.e. from fridge, room temperature or heated as attached guidance.

Any unused milk will be discarded, bottles to be rinsed and returned to parent.

Storage:

Breast milk can be stored in the main body of the fridge or if frozen in the freezer. This will have to be transported in an insulated cool bag. If milk shows any sign of thawing do not re-freeze.

Fridge/freezers are monitored everyday for temperature control measures and recorded.